

What do I need during my pregnancy?

Checklist

- ☐ 2 - 3 well-fitting trousers (with adjustable or elasticated waistband)
- ☐ 1 skirt or dress
- ☐ 2 - 3 matching tops
- ☐ 1 long knitted cardigan
- ☐ 2 matching bras
- ☐ 5 - 7 large cotton pants
- ☐ 1 - 2 pairs of comfortable, flat shoes
- ☐ 1 waistband
- ☐ 2 pairs of support stockings
- ☐ Several pairs of loose-fitting socks



Recommendations from reer

- reer mama trouser extension-set
- reer mama wellness cooling socks

